

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

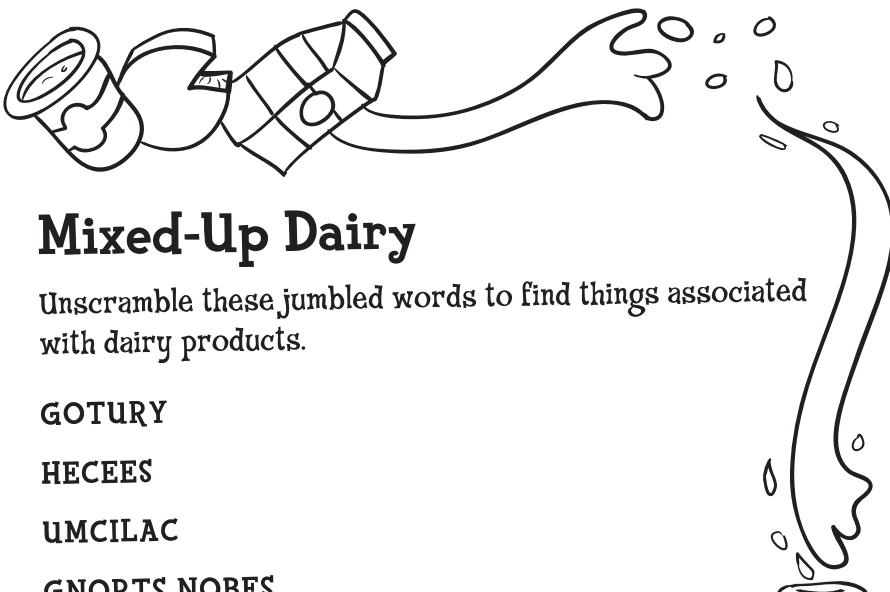
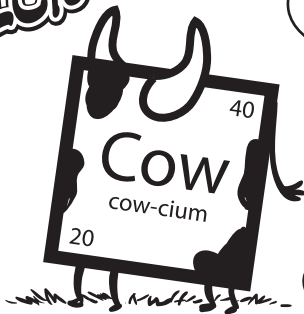
<p>2</p> <p>Holiday</p>	<p>3</p> <p>Holiday</p>	<p>4</p> <p>Holiday</p>	<p>5</p> <p>Breakfast Pizza, toast, cereal, juice, milk</p> <p>Breaded Beef Patty Grill Cheese Sandwich mashed potatoes, green beans, blushing pears, roll, milk.</p>	<p>6</p> <p>Biscuit, sausage, toast, cereal, juice, milk</p> <p>Cheeseburger Chicken Patty Burger burger salad, tater tots, orange wedges, milk.</p>
<p>9</p> <p>Assorted muffins, toast, cereal, oatmeal, juice, milk</p> <p>Beef-A-Roni Pep./Cheese Pizza steam cal. veggies, toss salad, hot cinnamon apples, roll, milk.</p>	<p>10</p> <p>Egg patty, turkey bacon, toast, cereal, juice, milk</p> <p>Corndog, BBQ Rib Patty/Bun pinto beans, coleslaw, pickles, mix fruit, cookie, milk.</p>	<p>11</p> <p>Cinnamon Roll, toast, cereal, juice, milk</p> <p>Salisbury Steak Popcorn Chicken mashed potatoes, peas & carrots, diced peaches, breadstick, milk.</p>	<p>12</p> <p>Morning Roll, toast, cereal, juice, milk</p> <p>Grill Cheese / Ham & Cheese Sand. vegetable soup, toss salad, blushing pears, milk.</p>	<p>13</p> <p>Pancakes, toast, cereal, juice, milk</p> <p>Cheeseburger Chicken Patty Burger burger salad, tater tots, juice bar. milk.</p>
<p>16</p> <p>Holiday</p>	<p>17</p> <p>Biscuit, Sausage, cereal, toast, juice, milk.</p> <p>Pizza, Corndog whole kernel corn, toss salad, peaches, milk.</p>	<p>18</p> <p>Soft bagel, yogurt, cereal, juice, milk.</p> <p>BBQ Beef Ham & Cheese baked potato, green beans, pineapple tidbits, texas toast, milk.</p>	<p>19</p> <p>Breakfast Pizza, toast, cereal, juice, milk.</p> <p>Taco Salad Chicken Fajita/soft shells diced lettuce & tomatoes, refried beans, rosy applesauce, graham crackers, milk.</p>	<p>20</p> <p>French Toast Sticks, cereal, toast, juice, milk.</p> <p>Cheeseburger Chicken Patty Burger, burger salad, tater tots, mandarin fruit cup, milk.</p>
<p>23</p> <p>Assorted muffins, toast, cereal, oatmeal, juice, milk.</p> <p>Corndog Mexican Burrito lettuce & tomatoes, corn, peaches, cookie, milk.</p>	<p>24</p> <p>Egg patty, turkey bacon, toast, cereal, juice, milk.</p> <p>Beef Ravioli Pep./ Cheese Pizza toss salad, steam cal. veggies, mix fruit, roll, milk.</p>	<p>25</p> <p>Cinnamon Roll, toast, cereal, juice, milk.</p> <p>Beef Strips Asian Chicken Fritters green beans, steam rice, orange wedges, bread stick, milk</p>	<p>26</p> <p>Morning Roll, toast, cereal, juice, milk.</p> <p>Sloppy Joe on/Bun Hot dog w/out chili pinto beans, corn cob, pickles, sherbet fruit cup, milk.</p>	<p>27</p> <p>Pancakes, toast, cereal, juice, milk.</p> <p>Cheeseburger Chicken Patty Burger burger salad, tater tots, apple wedges, milk.</p>
<p>30</p> <p>Steak burger w/bun, toast cereal, juice, milk.</p> <p>Chicken Spaghetti Pep./ Cheese Pizza steam broccoli, candied carrots, blushing pears, bread stick, milk.</p>	<p>31</p> <p>Biscuit, sausage, toast, cereal, juice, milk.</p> <p>Corndog Nacho Grande lettuce & tomatoes, pinto beans, apple wedges, milk.</p>			



What does **CALCIUM** bring me?

Maybe They Should Call it **COW-cium!**

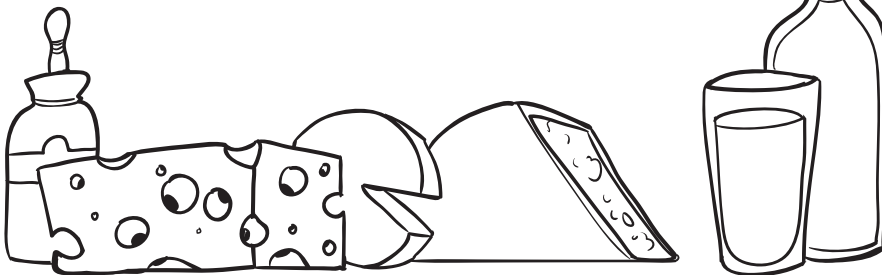
Do dairy cows make good dentists? Probably not. But they certainly help you have a bright, healthy smile. That's because the milk they provide is **LOADED** with calcium, the mineral responsible for strong teeth and bones. You need a combination of low fat milk, yogurts and cheeses to meet your daily calcium needs. And, did you know that dark leafy greens like spinach, broccoli and kale also contribute to the calcium you need daily? A lot to smile about!



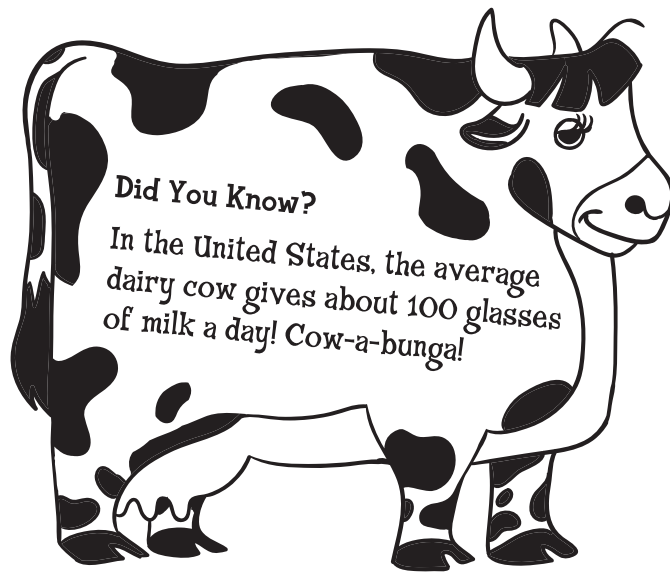
Mixed-Up Dairy

Unscramble these jumbled words to find things associated with dairy products.

- GOTURY
- HECEES
- UMCILAC
- GNORTS NOBES



(Answers: Yogurt, Cheese, Calcium, Strong Bones)



Did You Know?
In the United States, the average dairy cow gives about 100 glasses of milk a day! Cow-a-bunga!

OUR CAFETERIA BRINGS IT!

Happy New Year!

Salad & Sandwich Bar closed every Tuesday.

Menu subject to change.

